



4-H Grants

AHSCA Presents Awards to 42 Clubs for Sewing Programs

The American Home Sewing and Craft Association (AHSCA) and National 4-H Council have awarded grants totaling close to \$50,000 to 42 4-H clubs for the development of inspirational sewing programs.

Grant amounts, ranging from \$235 to \$2,000, were awarded to 4-H clubs located in 23 states.

Since 1993, AHSCA has awarded \$180,000 to 175 groups in 42 states and territories.

AHSCA's grant is earmarked for motivational sewing programs for youth ages 5-19. Applicants can apply for up to \$2,000 and may utilize up to one-third of their grant to purchase sewing equipment that would then be stored for future education programs and

use in the community. Funds are generally used to purchase fabric, notions and educational resources.

In many cases, the AHSCA funds are augmented with donations solicited from local service groups and Cooperative Extension Service funds. Almost all clubs solicit in-kind support such as photocopying services, free use of meeting rooms or equipment, transportation services and snacks.

Awareness of the AHSCA grant program is on the rise.

"We continue to receive record numbers of applications," says AHSCA's Beth Mauro, director of communications and public relations. "In 1996, we received requests from

141 groups with a total dollar request of over \$194,000."

Last year, National 4-H Council reported that the sewing promotion grant garnered the largest number of applications ever received for a grant program. AHSCA continues to hold that record with an 18 percent increase in the number of proposals over 1995.

"While we don't necessarily receive applications from every state, states that have strong leadership in clothing and textile programming like Florida, Minnesota and South Carolina always generate multiple applications," Mauro explained. "This year's surprises were Tennessee and Okla-

homa. Both states submitted a variety of clever program ideas and as a result received three or more grants per state."

The 1996 grant review committee consisted of Nadine Hackler of the Florida Cooperative Extension Service; Deborah Vanderwende, an adult leader from Delaware; Kristin Anderson, a teen leader/4-Her from Kansas; and Beth Mauro from AHSCA.

Proposals were judged on the creativity of the program and viability in terms of implementation. Number of youth reached also is considered in relation to the dollar amount requested.

What's in store for future 4-H programs?

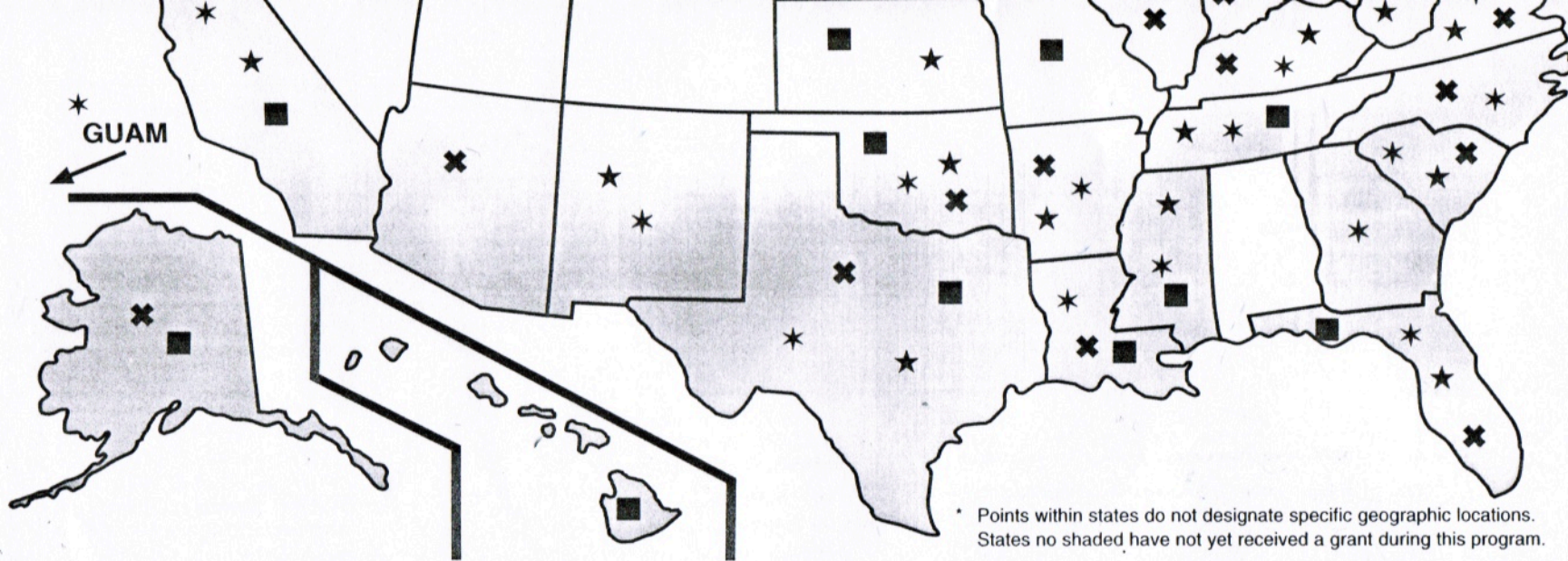
"Ultimately, we want to fund at least one program in every state," Mauro declared. "To that end, we need to encourage grant application from states that don't have active clothing and textiles programs within 4-H. Retailers can support our efforts simply by making their local 4-H and Cooperative Extension leadership aware of the availability of the grants. Even better, industry members can still partner with us on the 1996 grant program by making a grant to one of the groups that could not be funded by AHSCA." (See list on Page 11.)

For more information, contact AHSCA/ISMA, 1375 Broadway, 4th Floor, New York NY 10018. Phone: 212-302-2150. Fax: 212-391-8009. E-mail: AHSCA@aol.com.

Where the Grants Have Gone*

1996 = ★
1995 = ✖
1994 = ✕
1993 = ■





* Points within states do not designate specific geographic locations. States no shaded have not yet received a grant during this program.

Here is a report of the grant applications funded in 1996 for AHSCA's National 4-H Council grant program.

ARKANSAS
Land O'Goshen 4-H Club (\$582.45)

In an effort for 4-H club members to see themselves as part of a group and part of the community, members will participate in a sewing class project. Members will learn the basic sewing techniques to construct curtains for the Goshen Community Building and a set of teaching tools for the local Children's Center. The curtains for the community building will enable youth to take pride in the community building.

The Teaching Tool project will help children with developmental delays improve their eye hand coordination and small motor skills through practice. Projects have been chosen to reach a large audience so that youth feel that their efforts are being put for a good use.

CALIFORNIA
Sonoma Cty. 4-H Special Accts (\$1,500)

Youth of Sonoma County ages 5 to 9 years old will be able to participate in a sewing day-camp. The day camp will meet in five, four-hour educational training sessions. While incorporating the learning of basic sewing skills, members will have fun making usefully decorative, sewn and creative items. The two projects of choice will be the construction of hand sewn puppets for local

emergency rooms in county wide hospitals and shelters, as well as quilt(s) for the first newborn baby(ies) of 1997 in the county.

Youth will learn some basic skills to make them self sufficient and capable adults. Sewing also will introduce members to community service and citizenship opportunities within their hands-on sessions.

FLORIDA
Florida 4-H Foundation (\$2,000)

Youth will participate in quick projects using the sewing machine and serger in skill-a-thons. Skill-a-thons will teach a combination of skills to members in a short, concentrated intervals. By focusing on one skill at a time during 15- to 20-minute segments, youth will be able to increase their skill base in a skill by skill manner.

Members will learn how to measure to determine pattern size, how to fold fabric for a particular pattern layout, how to layout and pin, how to stitch a seam, etc. It is a fun way to present and teach applied math skills, as well as other life skills in a skill by skill method. The final project will be for each member to create a loan kit for others to learn from.

IDAHO
Hispanic Heritage Society of Southeast Idaho, Inc. (\$1,260)

To preserve the cultural heritage and bring harmony to the various communities in southeast Idaho, members will study the traditional Mexi-

can dress. Members will learn sewing skills to construct display costumes which will be exhibited on porcelain figures in a traveling exhibit to public libraries.

First, youth will be introduced to the different regions of Mexico and their native dress. Then they will undertake to reproduce the costumes they favor. Youth will work in a team with adults to learn the basic skills, as adult leadership will be developed through the sharing of knowledge with youth.

ILLINOIS
Greene County 4-H and Extension Foundation (\$700)

Youth will learn to sew as they construct a summer shorts outfit, a pair of pull-on shorts and a matching applique T-shirt. Members will be provided with a starter sewing kit (scissors, tape measure, ruler, etc.) and sufficient cloth to complete their personal outfit.

They will learn the basics of measuring and cutting a pattern, how to operate and maintain a sewing machine, then stitch the fabric using a sewing machine. This program will give youth a skill which can save them money on clothing in the future, and provide a source of entertainment.

IOWA
Slater Stars 4-H Club (\$1,650)

As part of the After School Program during the school year, youth will learn how to sew. The first project will be for youth to construct a quilt that

will be donated to the homeless.

Once a week youth will be instructed in beginning sewing skills, including the preparation of material for sewing, cutting the material and putting the pieces together. Each student will work on their personal quilting square for the quilt. After they know the basics, youth will participate in additional projects such as bags, shorts, and vests. In addition the skills of button sewing and simple mending will be addressed.

KANSAS
Kingman County 4-H Council (\$700)

County Extension agents and 4-H club leaders will plan a multi-county 4-H sewing camp. Hoping to renew interest in the skills of sewing and crafts, the two-day camp will allow youth to increase their knowledge of the sewing industry by hands-on integration with leaders in textiles, sewing and crafts.

Participants will increase their self-esteem as they complete fun and creative projects, including weaving, dyeing and personal grooming. Youth will actually be able to complete an embellished vest and/or basic pullover dress. They also will learn skills to enhance their personal appearance through accessory and design discussions.

Grants

(Continued from Page 10)

KENTUCKY

Jessamine Cty. 4-H Council (\$1,000)

This sewing project will introduce children ages 9 to 12 years old to some of the basic skills of sewing. With the assistance of a project leader, members will choose an appropriate material and make one or two articles of clothing. Youth will then be able to present their finished articles to parents and friends in a fashion show at the local senior citizen's center.

Participants will be able to develop a sense of pride and accomplishment when they display their finished projects in front of a larger audience. Furthermore, youth will keep their garments and will receive a ribbon for participation in the program.

Licking River Area 4-H Council (\$1,500)

The 4-H Clothing Project in Kentucky is designed to provide interaction between youth and adults through an intensive hands-on sewing experience. Over the period of a five-day sewing camp, older 4-H members with sewing experience will teach youth how to construct wearable garments. All materials will be supplied for youth to reduce cost.

Youth will learn the proper techniques of modeling garments at the end of the camp as they participate in a fashion show. Awards will be distributed so youth can take pride in each others' accomplishments in categories, such as "most improved."

MINNESOTA

Cluster 7 4-H (\$1,018)

Sewing will be promoted to youth as a fun and creative experience as they construct a simple pair of polar fleece mittens or hat. Youth ages 5 to 9 years old will have a variety of fabric colors and patterns to choose from. Up to 10 4-H teens will be trained to help facilitate the project's success.

Youth will "show off" as they have the opportunity of modeling their items at local nursing homes, malls and senior citizens centers. Furthermore, youth will have their pictures taken with their hats and mittens to be placed in the local newspaper and newsletters.

Cluster 7 4-H (\$1,605)

Sewing will be promoted to youth as a fun and

garment. After completion garments will be judged and awards will be distributed.

NEBRASKA

Adams County Extension (\$668.04)

"Vested Interest" is a sewing program developed for a six-county Extension unit geared for youth ages 9 to 13 years old. Over the course of a day, youth will complete a simple project that will give participants a feeling of self accomplishment. The day involves three components: educational exploration (learning about patterns, pattern symbols, grainline, etc.); sewing mechanics (using the sewing machine and serger); and creative construction (using fabric trends from flannel to poly/cottons).

Youth will be divided into working groups where each member will construct a garment, but also take part in every members' efforts. All involved will serve as a role model and help support other new friends. The vests will be displayed at the county fair with the hope of enticing youngsters to join the following year.

Dakota Cty. Ext. Non-Tax Fund (\$2,000)

This program seeks to target the intergenerational and nontraditional youth of the county. There are two parts to this program: an after-school program for youth to quilt with area senior citizens; and to work with teenagers who are pregnant and/or have young children.

Both projects will teach sewing skills by using sewing machines, sergers and hand sewing. Moreover, it will give participating youth a short term goal to concentrate on and strengthen their consumer skills. Ultimately, the projects will help bridge generations as both age groups must work together and communicate to teach and learn.

NEW MEXICO

Bernalillo County 4-H Council (\$690)

Bernalillo County proposes to have a summer sewing camp to help preserve the needle arts, which are a part of our American cultural heritage. The whole program is based upon the theme of literacy. Youth will combine book knowledge in the 5-8 year old program and research in the 9-19 year old programs to create some of the items they have learned about. Different groups will be established to work on different projects according to age and skill level.

From sewing simple storybooks, to slip cov-

OKLAHOMA

Creek County 4-H (\$1,170)

The Oklahoma 4-H has a multi-faceted curriculum focusing on the variety of clothing and home interior possibilities constructed through sewing. This project will be a two-part program: a camp offered to those who have no sewing skills and workshops in home sewing to those with a greater level of knowledge. Youth in the camp will complete projects such as wrist pincushions, totebags and pillow cases.

They will be instructed on the sewing machine and use basic sewing tools. During their last session members will model their goods during a fashion show. Home sewing workshops will be offered to older youth. Their completed projects will be entered in the county and state fairs. One of the major goals of this program is to train volunteers to serve as instructors for youth.

Tulsa County 4-H Foundation (\$1,800)

Sewing classes will be conducted for approximately 80 youth ages 10 to 19 years old, and summer sewing classes for non-club members will be sponsored for youth ages 10 to 13 years old. Both sessions will allow teens to participate in educational, fun and creative activities that are age/skill level appropriate. Members will do such things as: make simple wardrobe repairs, construct hats, sew accessories and complete home decoration projects.

Some of the life skills youth will learn through sewing include how to read and follow directions, how to be patient and, most importantly, how to set and achieve a goal.

Washington County

4-H Leaders & Supporters (\$330)

The Cloverbud sewing project is a method of teaching youth, ages 5 to 8 years old, the basics of sewing. Washington County will continue this successful program this year by giving youth different age level specific projects. Projects include: tooth pillows, pencil cases, drawstring bags, bath mitts, etc.

Youth this young are naturally curious and enthusiastic about learning new things. These projects allow youth to learn vital coordination and basic motor skills at the same time of satisfying their curiosity.

RHODE ISLAND

Rhode Island 4-H Foundation (\$700)

Youth in Rhode Island will participate in an introductory quilting project. Quilting is a great

Following is a list of towns and counties from which grant applications were received, but a grant was not funded in 1996. Anyone interested in adding to AHSCA's program by funding a specific group should contact Beth Mauro at AHSCA (212-302-2150) for complete application and contact information.

AL: Hartselle, Morgan County

Troy, Pike County

Phenix, Russell County

AK: Anchorage, Anchorage County

Palmer, Mat-Su Borough

AR: Hampton, Calhoun County

Arkadelphia, Clark County

Ratcliff, Franklin County

Hot Springs, Garland County

Nashville, Howard County

Ashdown, Little River County (2)

Murfreesboro, Pike County

Russellville, Yell County

AZ: Tucson, Pima County

CA: Hoopa, Humboldt County

Campo, San Diego County

Yreka, Siskiyou County

Allensworth, Tulare County

FL: Gainesville, Alachua County

Monticello,

Monticello/Jefferson County

Madison, Madison County

ID: Sandpoint, Bonner County

Malad, Oneida County

IL: Taylorville, Christian County

Chicago (3), Cook County

McLeansboro, Hamilton County

Toulon, Stark County

Rockford, Winnebago County

KY: Bardwell, Carlisle County

Madisonville, Hopkins County

Barbourville, Knox County

Richmond, Madison County

Calhoun, McLean County

Louisville, Jefferson County

LA: Mansfield, DeSoto Parish

Baton Rouge Parish

ME: South Paris, Oxford County

MD: Cocksleysville, Baltimore County

MA: South Deerfield, Franklin

metric and plaid patterns. Youth are expected to assist younger members with their projects once they have completed their pullover, resulting in the exchange of "tricks."

They will have the opportunity of modeling their items at local nursing homes, malls and senior citizens centers. Furthermore, they will have their picture taken with their pullovers, which will be placed in the local newspaper and newsletters.

North Star 4-H Club (\$454)

The Worn to Warm project has members learning to sew quilts and sleeping bags constructed from used clothing for the homeless in the community. Older, more experienced members will help youth to develop leadership skills for a common goal. Through the recycling of used clothing and fabric, members will learn how to cut and stitch materials together to form a new useful and needed item.

Club members plan to raise funds by displaying their first quilt in a sewing store and selling raffle tickets for it. All members seem enthusiastic to help others in their community.

Roseau County Extension Office (\$550)

The Minnesota Extension Service-Roseau County would like to offer beginner sewing classes to youth in fourth through sixth grades. This will give them a jump start on learning this life skill which is usually taught in the seventh grade. In four, two-hour sessions, members will sew a simple sewing item such as boxer shorts or a vest. Directions will be provided by an instructor and one-on-one help will be available from local volunteers. Youth will be supplied with a basic sewing kit that includes scissors, pins, seam ripper and marking pen, but must provide their own fabric and thread.

Videos and kits also will be used for informational teaching techniques. This project will end with a fashion review where youth will be able to model their garments and feel a sense of accomplishment.

MISSISSIPPI

Vaiden 4-H Junior/Senior Stars (\$1,000)

Fifteen committed 4-Hers and leaders will conduct sewing workshops over an eight week period, one day a week for low-income peers. Participants will learn machine parts and care, what a serger is, study patterns and designs, prepare a sewing box, prepare a personal sewing travel kit, and design and construct a vest.

Each participant will be able to choose their own color or pattern fabric to personalize their

elders as one who works as a member of a team and appreciate an aspect of their cultural heritage.

NEW YORK

Cornell Cooperative Extension of Westchester County (\$600)

"One to Share and One to Keep" is a series of three workshops where mother/child or grandmother/grandchild teams will make two simple soft-sculpture dolls with clothing. One of the dolls will be given to a hospitalized child and the other doll the members may keep. The dolls are important for children who are hospitalized because they are a teaching tool where doctors can show patients what is going to happen to them, such as where an injection will be given. The dolls become part of the treatment process and the children take them home with them when they are discharged.

A process of organized thinking, problem solving and an opportunity to develop self-esteem are some of the lifetime skills that will be taught to members of the 4-H.

OKLAHOMA

Carter County (\$650)

Youth will be given the chance to learn some sewing basics as they work with others in specific workshops. The three objectives for 4-Hers are: to demonstrate beginner level construction by completing a sample notebook and other simple construction items; to develop citizenship skills by completing two sewn items for area nursing homes residents; and to develop leadership skills as they take the responsibility to advertise this project to the community.

Workshops will consist of snacks, games or play activities and lessons on sewing. Also, there will be instruction in the different fabrics and notion decisions participants can make. The success of the total project will be measured by students entering three completed items in the county fair.

C&R 4-H Club (\$235)

To increase youths' awareness of the local Cheyenne traditions, youth will assemble 12 Cheyenne dance shawls and 12 gourd rattles. Upon completion, youth will give the shawls and gourds to the local museum to assist the museum in their educational programs for children. Members will travel to a native Indian store to purchase authentic construction materials.

The whole workshop will be an exposure to the craft making process and a chance for members to view other native Cheyenne crafts.

Members will construct squares, triangles and triangles with rotary cutters, sewing machines, irons, needles and thread. Upon completion, the small quilts will be given to children in EMTs for their keeping. As the quilts are completed, displays will be arranged at the state fair and other community areas to show the community of members' achievements.

SOUTH CAROLINA

Clarendon County Ext. Fund (\$270)

A five-day summer sewing program will be offered by the Clemson Extension Service to youth ages 10 to 19 during June. This camp will offer an innovative hands-on approach to sewing through the construction of wearable items such as vests. The objective of the camp is to teach youth how to use the serger and other equipment through easily constructed items.

Youth will be able to increase their self-esteem as they partner with volunteers from other organizations to complete their garment. This project is important because sewing is not taught in most local schools and when sewing is taught youth are only able to make decorative items.

Clemson University-Lee County Extension Fund (\$1,000)

In an area with limited incomes, sewing becomes an important skill for youth to learn. Therefore, youth will have the opportunity of participating in a summer afternoon skill enhancement program for sewing enrichment. Specific project groups will be formed for youth, according to skill levels.

Once in these groups, youth will have the opportunity to operate the sewing machine and/or serger to construct one item of clothing. Or youth can take part in constructing a quilt. More experienced 4-Hers will help their fellows by offering instruction and encouraging their efforts. Successful completion of the projects will help further decision making skills and further develop hand and eye coordination in youth to their enhance personal growth.

Marion County 4-H Foundation (\$425)

Through four sewing workshops, youth will be given the opportunity of learning some basic sewing skills. Youth will meet two days per week during the months of July and August, during which they will construct a set of napkins, make a pair of elastic waistband shorts with pockets, sew a vest with buttons and button holes and complete a simple window treatment.

(See GRANTS, Page 29)

Members will construct squares, triangles and triangles with rotary cutters, sewing machines, irons, needles and thread. Upon completion, the small quilts will be given to children in EMTs for their keeping. As the quilts are completed, displays will be arranged at the state fair and other community areas to show the community of members' achievements.

Farmington, St Francois County

MT: Chinook, Blaine County

Great Falls, Cascade County

Miles City, Custer County

NE: Ord, Valley County

Broken Bow, Custer County

Burwell, Garfield-

Loup-Wheeler Counties

Bridgeport, Morrill County

Grand Island, Hall County

Stanton, Stanton County

NV: Minden, Douglas County

NM: Clovis, Curry County

NY: Lyndonville, Orleans County

Newark, Wayne County

NC: Beaufort, Carteret County

Wayneville, Haywood County

Greenville, Pitt County

Asheboro, Randolph County

Raleigh, Wake County

Burnsville, Yancey County

OH: Nelsonville, Athens/Vinton Counties

OK: Cashion, Kingfisher County

Wilburton, Latimer County

Sewey, Washington County

OR: Boardman, Morrow County

PA: Kingston, Luzerne County

PR: Aguadilla, Lajas, San Sebastian

SC: Chester, Chester County

Greenville, Greenville County

Camden, Kershaw County

Pomaria, Newberry County

Saluda, Saluda County

Sumter, Sumter County

SD: Parkston, Hutchinson County

TN: Woodbury, Cannon County

Decaturville, Decatur County

Knoxville, District 5 Counties

TX: Belton, Bell County

Edinburg, Hidalgo County

Austin, Travis County

UT: Coalville, Summit County

VA: Eastville, Northampton County

WA: Ephrata, Grant County

WI: Medford, Taylor County

Ladysmith, Rusk County

Waunakee, Dane County

Drummond, Bayfield County